

Dear Parents and Guardians,

The year is back and in full swing! It was so much fun to see all of your children with big smiles and excitement. I love the beginning of the year because there is so much energy, nervousness, but also great anticipation!

This year I will be at Christ the King on Monday, Tuesday, Wednesday, and Friday from 9:30-2:30. I am here individually for children, group life- skills, and to teach on variety of topics in the in the classrooms. I will be posting updates on the first week of every month to let you know what will be taught and focused on in the weeks to come.

When I am at Christ the King I am usually scheduled tightly and helping around the school meeting with kids. Please, if you have any questions, need an update, or ever feel that you have not heard from me after reaching out, contact me directly. I am here to serve the children, but also the community at large and love building relationships with parents.

A school counselor's role is not to be a therapist in a school, but to be able to teach about and establish a healthy community school wide. We also are trained to know how to support additional emotional and educational needs, provide community resources, and help children and families through difficult times. I will be giving more parent resources and information on line as the year progresses.

Thank you for all you do for your children and this community. It is truly wonderful to be a part of.

Sincerely,

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